

Hare Krishna (C&W)

Music: Traditional
Words: Traditional Hindu
Setting words to music: Krishna Das
Movements: Tui Wilschinski



5 Ha - re Kri - i - i - sh - na, Ha - re Kri - i - i - sh - na,

11 Kri - shi - na Kri - shi - na Ha - re Ha - re, Ha - re Ra - a a - ma, Ha - re

Ra - a - ma - a - a Ra - ma Ra - ma Ha - re Ha - re.

Form two circles with equal number of people in each, inner circle facing out and outer circle facing in, with each person facing a partner in the other circle.

Take hands with partner with arms at shoulder level and out to the side. Take two sashay steps (right, close left; right, close left) in the clockwise direction around the circle, each time dipping the leading arm and shoulder down in the direction of the leading foot ('Krish'), then straightening up when the other foot closes ('na').

Take a balance step (right, left) toward partner ('Krishina'), touching left shoulders ('ina'), and then stepping back (right, left on the second 'Krishina'), all with a waltz feel. Repeat the motion to the other side ('Hare'), touching right shoulders ('re') and then stepping back ('Hare').

As at the beginning of the dance, take two sashay steps with partner, this time in the counter-clockwise direction (left, close right; left, close right), dipping on 'Ra' and straightening up on 'ma'.

Bow to partner ('Rama') and straighten up ('Rama'), then turn to the right individually ('Hare, Hare'), progressing to the next partner, bowing when you arrive.