

He Kehau

Music: Lila Flood

Movements: Auli Mitchell

1. Daus D Daus D Daus D Daus D Daus D Daus
He ke hau - - - He ke hau Ho' - o ma' - e ma' - e

6 D Daus D Daus D Daus F G D D Daus
he - Ho' - o ma' - e ma' - e - Ke a - lo - - - ha Ke a -

13 F Daus G D Daus D Daus
lo - - - - - ha He ke

1. He Kehau (The dew)
2. He Kehau
3. Ho' o ma'e ma'e (It cleanses it cleanses)
4. Ho' o ma'e ma'e
5. Ke alo- (With love)
6. ha
7. Ke aloha (With love)

Aloha - "ha" represents breath...so Aloha implies shared breath, as in putting foreheads together an intimate "hello". Aloha also translates "I greet from the deepest place within my breath"

1. Facing partner, arms up just above head height and slowly descending, fingers flickering like a light mist; repeat on 2.
3. Caressing the aura of partner as the hands are descending (repeat on 4.)
5. Hands to partner's shoulders and bring foreheads slowly together, sharing breath
6. Head draws back for glance
7. Advance to next partner with both hands palm up moving out from hip level toward new partner; this is a gesture of giving from the center of gravity in which the hula is rooted. This movement is flowing, with some hip sway.