

# Hine Mah Tov

Words: Traditional Jewish  
Music and Movements: Gary Meitins

1 Em C#dim B7 Em B7 2  
Hi - ne mah-tov u - ma-nay-im, She - vet a-him gam - ya - had, Hi -

5 Am B7 Am 1. B7 1 2. B7 3  
ne mah-tov u - ma-nay-im, She - vet a-him gam ya-had. Hi - ya-had. Hi-ne mah-

10 Em Am B7 Am B7 4 Em  
tov, hi-ne mah - tov, hi-ne mah - tov u - ma-nay - im, Hi-ne mah - tov, hi-ne mah-  
*B7 arpeggio*

15 Am B7 Am 1. B7 3 2. B7  
tov, hi-ne mah - tov u - ma-nay - im. Hi-ne mah - im.

Form a circle and identify partners; then face back toward the center of the circle.

1. Move right in a grapevine step (R, L in front, R, L behind--dipping at knees), holding hands with elbows bent and hands up in a W shape, lowering arms only on the dip. Continue grapevine to the right (R, L in front, R), but on the last step, kick left foot (bending the knee--imagine there's a string from your knee to heaven) in the line of direction.

2. Perform the same movements in the opposite direction, starting the grapevine with the left foot.

Repeat 1 and 2.

3. Turn to face your partner, hook right elbows, and turn clockwise. (This will be easier to do if the partners are relatively close together.)

4. Hook left elbows with your partner and turn counter-clockwise, winding up on the opposite side of your partner than when you began.

Turn to face next partner and repeat 3 and 4, progressing again before restarting dance.

Take a brief pause to catch your breath before beginning the dance again.

The text is typically translated (loosely) as, "Behold, how good and pleasant it is for brothers and sisters to dwell as one." A more literal translation is, "Here is something that is good and nice: a group of brothers [and sisters, implied] who are also together."